



# Kinesiology College of Ireland

## Changing Lives

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### **Year 1**

Touch for Health 1 -4

TFH Workbook

Stress release 1 -4

Energy Centres,

TFH Metaphors

Nutritional Testing,

Proficiency TFH

### **Year 2**

Allergies

Biokinetic Exercises

Personality Traits.

Colour for Health (Sensational Kinesiology)

Clinical Methodology 1 & 2

### **Core subjects:**

#### **Year 1**

Anatomy & Physiology

Nutritional Theory

#### **Year 2**

Pathology (Nutritional Physiology) 1 & 2

Practice Management Communication Skills

Practice management, business skills

Infectious diseases.

All classes must be attended and case histories ideally should be completed on 5 people,( more people are possible if necessary) following through on how the person is progressing and using different methods that you have covered in your course, 5 case studies for every day in class, except for TFH which has a workbook to be completed before proficiency.

A & P and nutrition assignments do not have examination , however do have an assignment given by your instructor and must be handed in by the date require. If you need an extension, you will need to request this from your instructor, at least two weeks prior to due date

Touch for Health proficiency exam is a multiple choice paper with an open book. the practical will examine you on doing a TFH synthesis balance.

All other exams are Practical with an open book, as per given examination questions. Oral questions and written questions are both closed book.

In the even on not showing competency in an exam, students have the opportunity to resit an exam at a stated time some weeks after the first sitting to allow time to study. should a student not show competency on a resit of an exam, they will be required to retake the module in class before another resit of the exam can take place. Every effort will be made available to support students taking exams.