



Kinesiology College of Ireland

Changing Lives

Friar St., Cashel, Co. Tipperary,

Ph: +353 87 6168427

Email: ger@kinesiologycollege.com

www.kinesiologycollege.com

Kinesiology Diploma Course 2024-26(Year 1)

All courses will take place in Friar Street, Cashel

2024

Sept 14/15 **Touch for Health 1**

Oct 12/13 **Touch for Health 2**

Nov 9/10 **Touch for Health 3**

Dec 14/15 **Touch for Health 4.**

2025 Jan 4/5 **Stress Release 1& 2**

Jan 25/26 **Practice Days**

Feb 1 **Defusing Stuck Emotions**

Feb 2 **Energy Centers**

Mar 1/2 **Working with Emotions**

April 5/6 **Anatomy & Physiology**

May 3/4 **Nutritional Theory**

May 24/25 **TFH Metaphors**

June 7/8 **TFH Proficiency**

Jun 14 **Exams & Practicals**